



Welcome to a Symposium on

FAMILY CAREGIVERS IN CARING OF OLDER PERSONS AND USE OF M-HEALTH

Date & time: May 16, 2019, 13.00-16.00 hrs

Venue: Room 104, Alfred Nobels Allé 23, Flemingberg, Huddinge

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You are welcome to a symposium to discuss the role of family caregivers and how they can be supported in caring of older persons. The symposium will provide an international perspective on the engagement of family caregivers in caring for older persons and the potential of m-health as a tool for support by health care professionals.

Programme Chairperson: Associate Professor Anne-Marie Boström, Dept of Neurobiology, Care Sciences and Society (NVS), Karolinska Institute

- Welcome note: Prof Ann Langius-Eklöf, Division of Nursing, NVS, Karolinska Institute
- Roles of Family/Friend Care Partners in Dementia Capable Healthcare: Tatiana Sadak, Assoc Prof, University of Washington School of Nursing
- Stress Alleviating Mobile Application for Caregivers (SAMAC): A feasibility Study: Zarina Nahar Kabir, Assoc Prof, Division of Nursing, NVS, Karolinska Institute

Refreshments

- Family caregivers and dementia nurses' perspective on mobile app for Caregivers: Cecilia Moberg, Lecturer, Division of Nursing, NVS, Karolinska Institute & Prof. Hanne Konradsen, University of Copenhagen
 - Presenting STAV - a mobile app for Caregivers: Roxana Merino Martinez & Suyesh Amatya, E-health Core Facility, Karolinska Institute
 - Understanding the experiences and preferences of family dementia caregivers in mHealth: Angela Leung, Associate Professor, Hong Kong Polytechnic University
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